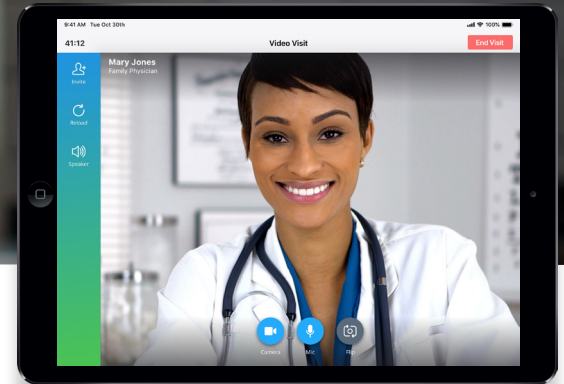


# Waiting Room or Your Room? You Have a Choice.



## Avoid germ-filled waiting rooms and visit with a doctor online using Amwell.

Telehealth visits using Amwell are covered under your Sibanye-Stillwater health plan.

Amwell makes it easy to see a board-certified doctor, licensed therapist, or psychiatrist online. It's a convenient way to get the care you need, when you need it most.

### Using Amwell, you can:

- **Visit with a doctor 24/7:** The doctors you see using Amwell can assess your condition, provide a treatment plan, and send prescriptions to the pharmacy you select, if needed.\*
- **Talk to a therapist:** Schedule a 45-minute counseling session to get extra support when you're experiencing anxiety, depression, grief, stress, and more.
- **Visit with a psychiatrist:** The psychiatrists you can see through Amwell can provide medication management for many common health conditions.

### Sign up today for free!

Go to [Ascendant.amwell.com](https://Ascendant.amwell.com) or download the Amwell mobile app. Enter the service key: **SSMC** after signing up.



### Commonly treated medical conditions:

- Allergies
- Bronchitis
- Cold & Flu
- COVID-19 screening
- Migraines
- Pink eye
- Rashes
- Urinary tract infections
- And more

### Telehealth visits are a covered benefit for Sibanye-Stillwater employees:

- \$0 copay for Medical
- \$0 copay for Therapy
- \$0 copay for Psychiatry

\*Prescription availability is defined by physician judgment.